

OK KIT SUPPLIES

Visit okyou.org/okkit for project instructions and inspiration

Amazon links are provided below, though we encourage sourcing materials from your local art store, thrift shop, or recycling bin.

1. Tins

Available in both silver and black; you can also use old Altoid or candy tins



2. Mod Podge* OR Glue Sticks

*Mod Podge serves as both glue and a protective finish over decorated tins



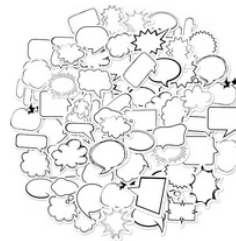
3. (If using Mod Podge) Foam Brushes AND/OR Paint Brushes

4. Assorted Collaging Papers

Patterned papers, magazines, old calendars, etc.— start with your recycling bin and supplement at your local craft store (Portlanders, SCRAP is a great source for recycled art materials!)

5. Assorted Stickers

Such as Speech Bubbles, Dots, and Eye Stickers



6. (Optional) Washi Tapes



7. Scissors

8. (Optional) Paint Pens

Especially fun to use on black tins!



9. Wood Blocks for Nice Dice*

*Self-care dice that make a great addition to your OK Kits — be sure to order no larger than $\frac{3}{4}$ " so the blocks fit inside your tins



10. Starter items for inside your OK Kits

Like Glow Stars, Wooden Hearts, Feathers, Sea Shells, Stones, Glass Pebbles — these items help students think symbolically about the items they add to their Kits. You can support this thinking by brainstorming ideas together. For example, you might ask: "What could this feather represent?" Some might say birds, animals, or nature; others might find meaning in a feather's lightness as a symbol of not taking things too seriously. A seashell can represent a student's love of the beach, or it can represent a specific memory of a special time with family or friends.



11. (Optional) Trinket Organizer!

Collect various trinkets like the ones above and let students pick out the ones that are most meaningful to them. In our workshops, we ask students to pick out 3 items and share why they chose them. This is another way to support their "symbolic thinking." You can also involve students in collecting items for your trinket organizer.